Sacrifice in Service

Retreat Programme

Date / Time	Saturday 29th June	Sunday 30th June	Monday 1st July	Tuesday 2nd July	Wednesday 3rd July	Thursday 4th July	Friday 5th July
7.45 – 8.15 *welcoming the sun*		Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation	Morning Meditation
8.30 – 9.15		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9.30 – 10.45		Opening Ceremony	Sacrifice in Service 1	Sacrifice in Service 3	Sacrifice in Service 5	Sacrifice in Service 7	
10.45 – 11.00		Morning Tea	Morning Tea	Morning Tea	Morning Tea	Morning Tea	Depart
11.15 – 12.45		Guides and Journeys	Sacrifice in Service 2	Sacrifice in Service 4	Sacrifice in Service 6	Sacrifice in Service 8	
13.00 – 14.00		Lunch	Lunch	Lunch	Lunch	Lunch	
14.15 – 16.00	**Arrival**	Dissolve into Love	Mothering	Tulpa	Milk & Blood	Duche Tienne - Fire Ceremony	
16.00 – 16.30	Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea	Afternoon tea	
16.45 – 19.45	Initiation ceremony	Water Ceremony	Elemental Threads	Despacho of the 8 Tribes	Ghost dancing	Siúlóirí ar an Tiene - Firewalk	
20.00 – 20.45	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21.00 – 22.00 *welcoming the stars*	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	Evening Meditation	